


BREAKFAST

SERVED
7AM - 11:30AM

SWEET

TROPICAL BOWL   70
Dragon fruit, banana, avocado, pineapple, mango, chia-seeds, yoghurt, bee pollen, mint, avocado



AVO GRANOLA  70
Avo yogurt, granola mix, fresh fruits
+ *Mixed berries*

BANANA PORRIDGE   65
Rolled oats, banana, soy milk, blue berry reduction, coconut honey crumb

BIRCHER MUESLI   70
Rolled oats, chia seeds, pumpkin seeds, soy milk, banana, apple juice, avocado, mix fruits, maple syrup

TOAST

HUMMUS TOAST   90
White sourdough, avo hummus, avocado, crispy chickpeas, beurre noisette, pickled radish
+ *1 Egg 10*

SPICY MASH   70
Rye sourdough, avocado, mixed mushrooms, almonds, chilli dust, lime pulp
+ *1 Egg 10 / Bacon 35 / Smoked salmon 55*

POMEGRANATE & ARTICHOKE TOAST  95
Sourdough, avocado, artichoke, shallot pickles, feta cheese, red radish, wild rucola, pomegranate, balsamic pomegranate dressing


BROCCOLI TOAST   80
Sourdough, avocado, broccoli, garlic, basil leaves, chilli oil, rucola

EGG - CENTRIC

OMELETTE  65
Japanese style omelette egg, white sourdough, avocado
+ *White egg 10*

SHAKSHOUKA   85
Egg, tomato, onion, yellow paprika, mushroom, avocado, ricotta, cumin, bread
+ *Organic sausage 40*

B.E.A  80
Bacon, egg, avocado, tomato relish, spicy mayo, rucola, brioche bun


EGG SANDO  85
Brioche toast, katsu egg, avocado, wasabi mayo, coleslaw, dijon mustard


EGG YOUR WAY  65
2 eggs served with 1 slice of sourdough, avocado



| ADD EXTRAS: | | | |
|-----------------------|----|-----------------|-----|
| Hashbrown | 15 | Beef steak | 125 |
| Egg | | Slice of bread | 15 |
| + Conventional egg 10 | | Chicken | 40 |
| + Omega egg 12 | | Poach / grilled | |
| Crispy Bacon | 35 | Avocado | 30 |
| Ham | 35 | Slice / smash | |
| Peanut Butter | 10 | Butter | 15 |
| Organic sauces | 40 | Tomato | 10 |
| Mushroom | 20 | Smoked salmon | 55 |

ALL DAY BRUNCH

EGG BENNIES

CLASSIC BENEDICT  80
Spinach, avocado, english muffin, poached egg, hollandaise sauce, black sesame seeds
+ *Bacon 35 / Smoked salmon 55*

TRUFFLE BENEDICT  90
English muffin, mix mushrooms, avocado, poach egg, truffle hollandaise sauce, black sesame seeds
+ *Bacon 35 / Smoked salmon 55*

VEGAN BENEDICT   85
Rye sourdough, scrambled tofu, avocado, vegan hollandaise, black sesame seeds


| SIDES: | | |
|------------------------------|--|----|
| GUACAMOLE + CHIPS | | 45 |
| HUMMUS + PITA | | 45 |
| FRIES + AVO MAYO | | 40 |
| AVO FRIES + VEGAN SPICY MAYO | | 70 |

SIGNATURES

AVO CHEESE CROISSANT XXL 90
Croissant, cheddar cheese, scrambled egg, dijon mustard
+ *ham 35 / bacon 35 / Smoked salmon 55*

AVO ROYAL CROISSANT 95
Croissant, 2 poach eggs, hollandaise sauce, black sesame seeds, chilli dust
+ *ham 35 / bacon 35 / Smoked salmon 55*

AVOCADO PANCAKE 90
Avo pancake, avocado, mixed fruits, coconut, gelato, maple syrup

SOFT EGG BOWL  95
Soft scrambled egg, mascarpone cheese, sourdough, avocado, chives

SALMON & RUCOLA PIADINA 105
Tortilla, wild rucola, smoked salmon, poached egg, avocado, basil pesto, za'atar

AVO STEAK & EGGS  180
Avocado, omega egg, beef steak 150gr, chimichurri

AVO CHEESE TOASTIE  95
Sourdough, 4 cheeses, avocado, served with truffle bechamele

LUNCH

SERVED
11:30AM

BURGERS & SANDOS

- EL GUACO BURGER** 130
Beef patty, guacamole, cheese, brioche bun.
with sweet potato chips
+ Swap to fries 15 / Beef patty 50
- CRISPY AVO BURGER** V CGF 100
Crispy avo patty, fried tomato, tomato relish, vegan spicy mayo, beetroot bun. *with sweet potato chips*
+ Swap to fries 15
- VIVA LAS VEGAS** V CGF 110
Mushroom patty, rucola, vegan BBQ sauce, tomato relish, vegan mayo, avocado, vegan cheese, beetroot bun. *with sweet potato chips*
+ Swap to fries 15
- CHICKEN KATSU SANDO** CGF 105
Brioche toast, katsu chicken, avocado, lettuce, tonkatsu sauce, Japanese mayo
- AVO BIRRIA TACOS** 120
Avocado, beef birria, mozzarella cheese, red & yellow capsicum, jalapeño chilli, parmesan tuile, spice consomme
- QUESSADILA** 95
Tortila, marinated chicken, cheese fondue, 7 spices mayo, red chily tomato, served guacamole, tomato relish, lime hone

BOWLS

- COCONUT RICE BOWL** GF 120
Coconut rice, avocado, honey glazed chicken, corn, green beans, crispy garlic, peanut crunch, coriander, mint leaves
+ Swap to beef steak 100
- TOFU BOWL** V 80
Red rice, grilled tofu, avocado, iceberg lettuce, spring onion, almond
- POKE BOWL** V 80
Red rice, grilled corn, edamame, grilled tofu, chives, black sesame seed, quinoa, avocado
+ Tuna 30 / Smoked salmon 55
- ACEH FRIED RICE BOWL** GF 90
Rice fried with Aceh spices, topped with slow-cooked 64-degree omega-3 egg, avocado, cucumber pickle, celery pickle, white radish, mung bean sprouts, furikake
- BLACK GARLIC POTATO BOWL** V 95
Baby roasted potatoes, asparagus, avocado, shallots, black garlic sauce, walnut
- BUTTERNUT & CAULIFLOWER BOWL** GF 85
Butternut squash puree, cauliflower, avocado, pomegranate, pistachio, parsley, mint, tarragon, goat cheese, rucola, raddichio
+ Poach chicken 40 / + Organic sausage 40

PASTA & NOODLES

- EGG & FONDUE RAVIOLI** 110
Ravioli pasta stuffed with cheese fondue and runny omega-3 egg, butter, avocado
- PISTACHIO PESTO SPAGHETTI** 125
Spaghetti, pistachio pesto, cherry tomatoes, vegan nutritional yeast, basil oil, avocado
- ASIAN NOODLES** 95
Homemade soba noodle, chicken adobo, furikake, chives, pickles, crispy shallots & garlic, avocado

SALADS

- AVO CAESAR** CGF 95
Baby lettuce, avocado, black beans, corn, crispy bacon, grated parmesan, croutons, slow cooked 64 degree omega 3 egg
+ Poach chicken 40
- CHICKEN AVO LASSI** GF 105
Rucola, red spinach, stracciatella cheese, avocado, asparagus, orange zest, coriander, lassi sauce
- ROASTED GRAPES & KALE SALAD** GF 95
Kale, baby romaine, roasted grapes, avocado, mint leaves, parsley, lemon juice, tahini sauce, spiced cheek peas, parmesan
+ Poach chicken 40
- PEAR & WALNUT SALAD** GF 95
Rucola, baby romaine, red spinach, shallots, gorgonzola cheese, pear, avocado, caramelized, walnut, balsamic dressing
+ Poach chicken 40

- SUMMER FRUIT SALAD** V GF 110
Watercress, raspberry, peaches, avocado, radicchio, Chinese 5 spices
- LENTIL SALAD** VP CGF 120
Lentils, gorgonzola, roasted butternut squash, avocado, red onion, sage leaves, lemon & olive oil dressing
+ Poach chicken 40 / + Organic sausage 40
- HEIRLOOM & STRACCIATELLA SALAD** VP CGF 75
Stracciatella, mixed-color heirloom cherry tomatoes, red onion, coriander leaves

| SIDES: | |
|------------------------------|----|
| GUACAMOLE + CHIPS | 45 |
| HUMMUS + PITA | 45 |
| FRIES + AVO MAYO | 40 |
| AVO FRIES + VEGAN SPICY MAYO | 70 |

| DESSERTS | |
|------------------------------------------------------------------|----|
| AVO CHOCOLATE MOUSSE V | 55 |
| Dark chocolate avo mousse, coconut flakes, strawberries, almonds | |
| BURNT AVO CHEESECAKE | 65 |
| Avo cream cheesecake | |

OUR PLEDGE TO A MORE SUSTAINABLE,
COMMUNITY-FOCUSED RESTAURANT



BEVERAGE

SERVED
ALL DAY

SOMETHING COLD

| | |
|--------------------------------------------------------------------------|-----------|
| ICED ROSELLA TEA | 35 |
| Rosella tea, berries fresh apple juice, lime | |
| ICED LYCHEE TEA | 40 |
| Black tea, lychee, lychee water | |
| ICED LEMON TEA | 35 |
| Black tea, fresh lemon juice, sweet syrup on the side | |
| CREMA AL CAFFÈ | 45 |
| Espresso blended with ice, milk | |
| GINGER SURPRISE | 60 |
| Kombucha, lime, fresh meringue | |
| ZEEN COLLAGEN WITH WATER | 55 |
| 6000mg Collagen (I, II, III), 1000mg vitamin C, Zinc, Acid Hyaluronic | |

TEA BY BREW ME 40

| |
|----------------------|
| English Breakfast |
| Supreme Earl Grey |
| Oriental Jasmine Tea |
| Lemongrass & Ginger |
| Peppermint |
| Chamomile Blossom |

HEALTHY SHOTS

| | |
|----------------------------------------------|-----------|
| FAST BLAST | 45 |
| Organic apple cider vinegar, lemon, honey | |
| ANTI-INFLAMMATORY | 45 |
| Turmeric, honey, cinnamon | |
| ALKALISER | 45 |
| Spinach, orange, spirulina | |
| GINGER SHOT | 45 |

MILKSHAKE

| | |
|----------------------|----|
| Vanilla Milkshake | 70 |
| Chocolate Milkshake | 75 |
| Banana Milkshake | 75 |
| Black Forest | 75 |
| Banana Chocolate | 75 |
| Strawberry Milkshake | 75 |

HOMEMADE KOMBUCHA 50

| |
|----------------------|
| Sour Ginger |
| Pineapple Basil Mint |
| Berries |

COFFEE, TEA & MORE..

| | |
|------------------------------|-----------|
| ESPRESSO | 28 |
| RISTRETTO | 28 |
| LONG BLACK | 35 |
| MACCHIATO | 30 |
| PICCOLO LATTE | 30 |
| LATTE | 35 |
| CAPPUCINO | 35 |
| FLAT WHITE | 35 |
| MOCHA | 40 |
| ICED COFFEE | 60 |
| ICED LATTE | 50 |
| EXTRA SHOT | 15 |
| VEGAN MILK | 15 |
| <i>Coconut/Soy/Almond</i> | |
| MATCHA LATTE | 50 |
| AVO LATTE | 40 |
| AVO MATCHA LATTE | 50 |
| TURMERIC LATTE | 50 |
| CHAI LATTE | 50 |
| ITALIAN HOT CHOCOLATE | 50 |
| + Whipped cream 15 | |

HEALTH SMOOTHIES

| | | | |
|---------------------------------------------------------------------------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| CACAO COCO SUPER ELIXIR | 65 | FUNKY MONKEY | 65 |
| Coconut yoghurt, banana, cacao, chia seeds, vegan, protein, coconut water | | Banana, peanut butter, granola, soy milk | |
| CAFÈ SUAVE | 60 | AVO-COCO DREAM | 60 |
| Espresso, doce de leite, coconut milk, banana | | Avocado, coconut, banana | |
| BREAKY GO-GO | 65 | CHOCO-CADO DELIGHT | 65 |
| Mango, banana, blueberries, coconut water, yoghurt | | Avocado, almond milk, honey, dark chocolate | |
| TROPICAL THRILL | 60 | EXTRAS | 15 |
| Mango, passion fruit, coconut water, banana | | Spirulina, vegan protein, turmeric, matcha, granola, coconut yoghurt, organic cacao powder, chia seeds, almonds, cinnamon, toasted coconut, Zeen Collagen | |

FRESH JUICES

| | | | |
|-------------------------------------------------------------------|-----------|---------------------------------------|-----------|
| SUNRISE | 55 | LIVER LOVER | 55 |
| Orange, apple, carrot, ginger | | Beetroot, carrot, celery, apple | |
| SLIMDOWN | 55 | A.M.O | 55 |
| Pineapple, cinnamon cayenne pepper | | Apple, mint, orange | |
| A.C.E | 55 | AVO GOOD DAY | 55 |
| Carrot, orange, lemon, aloe vera | | Avocado, spinach, pineapple, mint | |
| DETOX | 55 | MAKE YOUR OWN | 55 |
| Apple, celery, cucumber, kale, lemon, ginger + Spirulina 15 | | Mix & match your favorite ingredients | |

SOFT DRINK

| | | | |
|----------------|----|-------------|----|
| COCA COLA | 30 | SODA WATER | 30 |
| COCA COLA ZERO | 30 | TONIC WATER | 30 |
| SPRITE | 30 | | |

WATER/BEERS

| | | | |
|---------------------|-------|---------------------------|----|
| FRESH YOUNG COCONUT | 35 | ISLAND BREWING PILSNER | 49 |
| STILL WATER | 30/50 | ISLAND BREWING SMALL HAZY | 75 |
| SPARKLING | 35/55 | ISLAND BREWING IPA | 89 |